

Positive Mental Attitude Checkoff List

- 1) Having a positive mental attitude in life toward life.
- 2) Believing God's promises and living by faith.
- 3) Developing enthusiasm.
- 4) Thinking on the positive side of life.
- 5) Thinking about positive things.
- 6) Being healthy and the healing of the spirit, soul and body.
- 7) The spiritual mental attitude of agape love.
- 8) Being a forgiving person.
- 9) Insulating or isolating yourself from negative people.
- 10) Prayer while suffering.
- 11) Fellowshiping with God.
- 12) Developing and utilizing a procedure or check-off list to drill ourselves on God's promises.
- 13) Practicing forgetting the things that lie behind and pressing forward to what lies ahead.
- 14) Thinking on positive concepts.
- 15) Getting rid of the roots of bitterness.
- 16) Encouraging each other toward faith.
- 17) Being filled with the Holy Spirit.
- 18) Putting on the armor of God.
- 19) Walking circumspectfully, avoiding negative people who can infect us with their negativity, (it's easier to prevent negativity and bitterness from entering into our souls, than it is to get it out).
- 20) Seeking wisdom and the face of God each day.
- 21) Confessing our failures and sins.
- 22) Developing a plan or procedure whereby we practice these mental attitude dynamics each day, instead of drifting along with the tide you take the initiative.
- 23) Having the attitude of victory.
- 24) Having a personal sense of destiny.
- 25) Rejecting disapproval.
- 26) Prayer a conduit for positivity.