

118. In the final analysis we are the one's who will be the ones suffering from our poor health, not someone else. But, on the other hand, we are the one's who will be enjoying our good health, not someone else.

119. In Proverbs 8 it says that all who hate wisdom love death. If one hates wisdom, then they hate life. If one loves wisdom, then they love life. If they love death, and if death is at the opposite end of the spectrum from life and health, then they hate health! **So what is our mental attitude toward health?**

120. **If health is a blessing of grace, then it can be obtained by faith!**

121. If Christ came **to** heal, then it means that he **wanted** to heal, so they could be healthy, or healthier. If that's what they wanted. But not everyone wanted to be healthy.

122. The Scriptures show that God heals. They also show that God is the one who afflicts with injury, pain and suffering to deal with an individual or nation. He afflicts us with divine correction, and his hands also heal us.

123. Make no mistake about it blessing and health come about as the result of obedience to God. But disobedience brings about cursing, poor health, and even mental illness. Deuteronomy 28:28.

124. Obedience under the Old Covenant required compliance with the stated Laws of God. Obedience under the New Covenant require living by faith in the Word of God, under the filling of the Holy Spirit in the new nature and applying the Word to life.

125. **Healthy people are less likely to be controlled or influenced by governments or Satan, while unhealthy people are more easily controlled.**

B. Christ Came to Heal

*“The Spirit of the Lord is upon me, therefore he anointed me to preach the gospel to the poor. He has sent me to **heal** the brokenhearted, to preach deliverance to captives, and new sight to the blind; to send away crushed ones in deliverance; to preach an acceptable year of the Lord.” Luke 4:18,19*

“Jesus said to them, ‘Surely you will quote this proverb to me: Physician, heal yourself! Do here in your home town what we have heard you did in Capernaum.’” Luke 4:23

To *heal* is found in the infinitive of purpose giving us the reason why God sent his Son to the nation of Israel, for the purpose of healing, if they wanted to be healed. Christ is our Healer, even his name in the Hebrew means Healer. He is our Creator, our Savior and our Healer.

To *heal the brokenhearted* is the perfect passive participle of *suntribo*, which was used of the breaking of an earthenware vessel, or the crushing or bruising of a reed, which speaks of something in a **fragile condition**. **Are there any of us out there that are in a fragile condition emotionally or physically? The good news is that Christ can heal us!**

When Isaiah the Prophet wrote of Christ he said that, *“A bruised reed he will not break.” Isaiah 42:3* This describes the child of God who is in a **fragile condition due to overwhelming suffering and sorrow**. Christ will not “finish him off”, as the wolves do, who circle in for the kill when they spy the wounded, the weak and the crippled. **How many “Christians” out there do this to other Christians;**

circle in for the kill with their words when we are at our weakest, our lowest? You know, if people act like a wolf, they should sit down and evaluate if they are a wolf or a sheep, **for sheep do not circle in to finish you off, but huddle together!**

But more than that, it says that Christ will *heal the brokenhearted*. This is found in the perfect passive participle showing that this is a condition. Something has happened that has crushed these believer's spirits and that they have been this way for some time, so he comes to them and heals them. **Bible Doctrine that has been metabolized by faith, under the filling of the Holy Spirit, is the thing that heals the brokenhearted and the broken spirit.** Now if Christ can heal a broken spirit, which is the most difficult and important, then how more easily can he heal the soul and body?

Some only look at Christ as Savior and Redeemer, which he is, others look at him as a crusader, but this passage shows that he is a Healer who came to earth to heal, which throws a different light on the subject.

Although *iaomai* and *therapeuo* were used interchangeably at times only the *iama* word group was used of the divine healing by the Apostles, 1 Corinthians 12:9,28,30, and by male disciples.

In verse 23 where he said of them, "*Healer; heal thyself*", they called him an *iatros*, an healer, but used the word *therapeuo* for **healing himself**. What they were saying is **practice your therapy on yourself**. This was **the scoffing of negative volition**. What arrogance! What hardness of heart to imply the Christ needed healing! The Son of God, without sin, was perfect in every way; he did not need healing! Their hatred and hardness of heart was revealed a few minutes later when they tried to kill him.

C. Healing Leprosy. Luke 5:12-26

The word had spread all over Israel that Jesus had the power to heal and was healing multitudes of people. When a leper had heard of this, he told Christ that if he chose to, a third class condition maybe he would and maybe he wouldn't, that he could heal him! The leper believed that Christ was healing people and he believed that he had the power to heal him. What he didn't know was if Christ **wanted** to heal him! **Is this us today?**

Christ reached forth his hand and said that he was willing and healed him instantly. This shows that Christ **does** want to heal us. The word spread even more about him so that great crowds were seeking him to be healed and to hear him. But he withdrew to go out into the wilderness to separate himself from them, and so he could spend time alone with the Father. "*And he put forth his hand, and touched him, saying, I will: be thou clean. And immediately the leprosy departed from him.*" Luke 5:13

D. Healing on the Sabbath. Luke 6:7; 17-19; 13,14

The Pharisees had heard that Christ's disciples had plucked wheat out of a field to eat, because they were hungry, and confronted the disciples over the matter. Later on, on the Sabbath, the Lord went into a Synagogue and healed a man with a withered hand right in front of everyone. They were trying, somehow, to "get the goods" on the Lord because he was healing on the Sabbath. (Legalism is more important to legalists than God or man).

So in an amazing triumph over their legalism and hatred, the Lord and the man with the withered hand stood up in the middle of them and he healed him in front of them all! **The result was that they**

became filled with a maddening rage and plotted how they could kill the Lord.

What this demonstrated was that Christ showed that doing good, in this case healing the man, was not in conflict with the Law. It also showed the tremendous compassion he has for us. **It also reveled the true nature of legalists. They care nothing about people**, all they care about is maintaining their self-righteous pride and religion. And they don't care about the true meaning of the Law, nor about grace.

The legalist in those days would say to the believer, “You can't get healed, today is the Sabbath!” To God the Healer they would say, “You can't heal today, for it's the Sabbath!”

The legalist today would say, “You can't get healed, for there's no divine healing in this dispensation! Just go to a doctor, go home and practice your religion.”

While the grace believer, with the positive mental attitude of faith would say, “What the heck, let's try it! Let's go to God in faith and prayer and see if he'll heal us, or at least lead us to a *therapon* who will!”

What this shows is that regardless of how sincere religious or legalistic people **appear** to be to us, and regardless of what they say to us, **they really don't care about us**. All those people in the synagogue that day **could have really cared less about that man with the withered hand**; they only cared about their religious system. So who are we going to turn to and listen to? The Lord, or all those who say we can't?

E. Healing Comes Through Faith In The Name Of Jesus.

“By faith in the name of Jesus, this man whom you see and know was made strong.”
Acts 3:16

One day Peter and John were up at the temple when a beggar, who had been crippled from birth, asked them for some money, *“Then Peter said, Silver and gold have I none; but such as I have give I thee: In the name of Jesus Christ of Nazareth rise up and walk.”* Acts 3:6.

They told him that they didn't have any money, but they had something far better, for Christ had given them the authority to heal. They did not have the ability to heal, only the authority and faith to access the power of healing that comes from God the Father, through the direct power of the Holy Spirit, in the name of Jesus Christ.

Peter said this, *“In the name of Jesus of Nazareth, walk.”* Instantly the man's feet and ankles became strong and he not only walked, but jumped up and down. When the people heard about this they were all amazed and wanted to know more. That's when Peter preached at them about what they had done to Christ. He told them that they had turned Christ over to be killed and wanted a murderer instead! He told them that they had killed the Author of Life, if you can imagine such a thing!

The blind, evil hatred of man overwhelms the mind to think that men would put their Healer to death! Jesus Christ was not only their king, their redeemer and the only true friend that Israel had, but he was also their Healer and they murdered him! But even so, it was through faith in the name of Jesus that this man was made whole, *holokleria*, **and that even the faith that we need to be healed comes from him also!**

F. Christ Healed Those With Evil Spirits

“At that time Jesus cured, (therapeuo), many who had diseases, sicknesses and evil spirits, and gave sight to many who were blind.” Luke 7:21 “Who had come to hear him and to be healed of their diseases. Those troubled by evil spirits were cured.” Luke 6:18

“When Jesus had called the twelve together, he gave them power and authority to drive out all demons and to cure diseases.” Luke 9:1 “Those who had seen it told how the demon-possessed man had been cured.” Luke 8:36

It's interesting that the word **curing** is used with evil spirits, he cured many who had evil spirits, but not really when you consider the effect demons have on people. In essence what is happening is that **the effect is cured by removing the cause!** Instead of living in a house wearing clothes he lived in the tombs naked displaying a morbid preoccupation with death, instead of life. He also displayed super-human strength because of the demons in him, and he was violent in nature. What we see is anti-social behavior, a preoccupation with the things associated with death and self-destructive tendencies, all of which are as the result of being demonized.

These things are all the effects of demon possession, **so the healing of an individual in this area is accomplished by the removal of the demon(s) in him**, thus curing the individual. Their removal is accomplished by the commanding of the demon(s) to come out of him in the name and authority of Jesus Christ.

G. Healing Of Wounds

A familiar theme that runs through the Bible is that the hand of God inflicts injury on his people, and it is also the hand of God that heals us. In the passages in Jeremiah it was God who took Israel's health away from them in his righteous judgments, due to their rebellion against him, but it was God who would restore their health back to them, if they returned to him.

The word used in this passage in Nehemiah is *arukah* and was the word used for the healing of wounds utilizing bandages and salve. When the Israelites were rebuilding the wall of the temple *arukah* was used, probably due to the idea of repairing the gaps in the wall. Nehemiah 4:7

The prophet Jeremiah referred to the town of Gilead famous for its healing balms when he wrote, *“Is there no balm in Gilead? Is there no physician there? Why then is there no healing for the wound of my people?” Jeremiah 8:22 “But I will restore you to health and heal your wounds, declares the Lord.” Jeremiah 30:17a “Nevertheless, I will bring about health and healing to it; I will heal my people and will let them enjoy abundant peace and security.” Jeremiah 33:6*

These passages deal with God inflicting injury and also healing us, if we turn to him. But **there is also self-induced misery due to our own bad decisions in life**. There is also **self-inflicted misery due to negative emotions circulating around inside of us, which can also affect the physical health of the body**. It was widely held that certain emotions could also affect certain areas and organs of the body. Then there is also self-inflicted suffering caused by anger, guilt and shame. Whatever is going on, though, God can and will heal us. He may use others to do it, but he can and will heal us. And the healing must take place first in the soul, this is the most important thing. Oftentimes, once the soul is healed in an area, then physical healing follows.

H. *Yahweh* Is Our Healer

“*He heals the brokenhearted and binds up their wounds.*” Psalm 147:1-3. In the participial form it reveals God's role as our Healer. The word *chabas* meant to bind up a wound like binding or wrapping a turban around the head. It was used of the binding up of fractures and other injuries, and was also one of the duties of the shepherd with his flock.

Again we have the idea of discipline over disobedience and restoration over obedience are found in Isaiah 30:26, “*When the Lord binds up the bruise of his people and heals the wounds he inflicted.*” And in Isaiah 61:1, “*The Spirit of the Sovereign Lord is upon me, because the Lord has anointed me to preach good news to the poor. He has sent me to bind up the brokenhearted, to proclaim freedom for the captives and release from darkness for the prisoners.*”

I. The Healing Of The Believer. Job 30:15; Psalms 42:5,6,11,12

Basically *yeshugah* meant deliverance from a situation that threatened a believer. It was used frequently for delivering the believer from danger, or things that threatened one's life, but was also used for healing from sickness, disease, or injury because these things posed a threat to the believer.

To ask God to heal us, or give us health, is actually to ask God to deliver us out of a condition of poor health, sickness, etc.. It's related to the word *yeshua* from which we get the English word *Jesus*, which establishes Jesus as our Healer.

Now Christ may heal us directly, what we call divine healing, or he may send us to someone who can do it. Either way he is involved in our healing. *Shua* also didn't just mean to rescue one **out of** their trouble, ill health, etc., but also **to bring help to them in their trouble**. When God is involved, all healing, whether direct or from therapy, is from him.

J. Healing Of A Weakened Condition. Isaiah 61:3; Nahum 3:19

The word *kahah* dealt with the idea of failing in strength, being weak and feeble, becoming pale, spots on the skin and the eyes growing dim because of age or grief. Concerning the soul it spoke of depression, discouragement, fainting or losing heart. It would include having a weakened immune system, weakened resolve, weakened or atrophied muscles to skeletal problems and of things operating on a sub par level, below what they should be.

Being weak can and does affect us spiritually, emotionally and physically. We can become weak **spiritually** by not having the teaching of the Word of God that our spirits need, along with not having the filling of the Holy Spirit. This in turn will cause us to be weak **emotionally** getting us discouraged, depressed, despairing, having giveupitis, losing our will and our moral courage.

We become weak **physically** due to eating the wrong kinds of foods, living imbalanced lifestyles, and today, due to the toxicity of our environment: polluted air, polluted water, chemicals in our food, constant exposure to RF energy, etc.. These things can and do weaken us as a believer.

Asking God to heal us, *kahah*, is asking God to strengthen us spiritually, emotionally and physically. In the area of the **spirit and soul**, it's to be done through metabolized doctrine and the filling of the Holy Spirit. And **physically** through a healthy lifestyle using healers and the things that promote health.

K. Healing The Body Or Mind. Proverbs 4:22,23; 15:4; 2 Chronicles 21:18

“Above all else, guard your heart, for it is the wellspring of life.” Proverbs 4:23

In this passage we have the idea of a guard keeping *watch* over a prison combined with the idea of a garden, in the sense of, as the farmer who watches over his garden for pests, weeds, blight, mildew, basically anything that would affect the fruit/life/health of the garden. *Wellspring* was a spring of water that came up from the ground. And life, *chayyim*, actually referred to **health**. It spoke of life to the fullest, life at its best, to be prosperous and referred to health or well-being.

What this passage does is **connect one's health to their heart**, the seat of the emotions. If the emotional center of the believer is healthy, so will be their general health. That is why we're to keep vigilant watch over our hearts, for if there are bitter weeds, or some other undesirable thing going on inside of it, then our bodies will reflect that.

Proverbs 4:20-23, *“My son, pay attention to what I say; turn your ear to my words. Do not let them out of your sight, keep them within your heart; for they are life to those who find them and health to one's whole body. Above all else, guard your heart, for everything you do flows from it. deals with the application of God's Word to our lives for it is the basis for health.”* Verse 23 goes on to connect the condition of one's emotional life to his health and prosperity, telling us that it's so important to us that we need to be watching over to keep the mental attitude and emotional sins out of it, for the purpose that we can enjoy peace of mind, happiness and health.

In Proverbs 15:4 we see the concept of doctrinal believers being God's healers on earth, both in body and soul. *“The tongue that brings healing is a tree of life (health), but a deceitful tongue crushes the spirit.”* We see here that the believer can use his tongue for good or evil. If for good, then it brings health to the other person's soul, and often to the body because the body responds to the soul. But if for evil, then it crushes the soul, which will have an adverse affect on the body.

Life, which actually speaks of health, is put as a tree. And as we eat from the fruit of trees for sustenance, life and health, so we can bear good fruit or evil fruit for healing or destroying people. **Which kind are we?** Doctrine in the soul, wisdom, faith, love, understanding, compassion and gentleness bear the sweet fruit of healing and life. While human viewpoint, bitterness, pride, anger, jealousy, etc., bear the fruit that destroy other people's souls.

Metabolized doctrine, that is, the believing of the teachings of the Word of God, and wisdom, the application or obedience of these teachings are the basis, foundation and cause of the believer having a healthy body mentally and physically, and a great life made up of personal peace, contentment, happiness and success in life, along with personal prosperity. Proverbs 4:22, *“My son, pay close attention to what I say; listen carefully to my words. Do not let them out of your sight, keep them within your heart; for they are life to those who find them and health to a man's whole body.”*

2 Chronicles 21:18,19 dealt with King Jehoram, who was a murderous idolater. God had seen his ways and pronounced judgment on him through Elijah the prophet. He was to be smitten with an incurable disease that would cause his bowels to come out. *“After all this, the Lord afflicted Jehoram with an incurable disease of the bowels. In the course of time, at the end of the second year, his bowels came out because of the disease, and he died in great pain.”* I don't know about you, but this doesn't sound like a healthy situation to me, nor something we would want to go through.

L. Mental and Physical Health.

We begin with Exodus 15:26, where it says, “*For I, Yahweh, am the one who heals you.*” This shows that whenever the believer is healed, and by whatever the means God has chosen to do it; God is the one who heals us and he should get the praise, the glory and the thanks. The following verses are designed to put us in a frame of mind that we can get better; we can be healthy and that God can and will heal us.

“Who forgives all your sins, and heals all your disease.” Psalm 103:3 *“Nevertheless, I will bring health and healing to it; I will heal my people and will let them enjoy abundant peace and security.”* Jeremiah 33:6 *“A time to kill and a time to heal.”* Ecclesiastes 3:3

We have the imperative mood used in conjunction with healing in, “*So Moses cried out to Yahweh, ‘O God please heal her.’*” Numbers 12:13 *“Be merciful to me, Yahweh, for I am faint; O Yahweh heal me, for my bones are in agony.”* Psalm 6:2 *“Yahweh will sustain him on his sick bed and restore him from his illness. I said, O Yahweh, have mercy on me, heal me, for I have sinned against you.”* Psalm 41:3,4 *“Heal me, Yahweh, and I will be healed; save me and I will be saved, for you are the one I praise.”* Jeremiah 17:14 Also, *“for he wounds, but he also binds up; he injures, but his hands also heal.”* Job 5:7,18.

David was healed by God from a life threatening situation, Psalm 30:2,3, *“O Lord my God, I called to you for help and you healed me. O Lord, you brought me up from Sheol; you spared me from going down into the pit.”*

Believers can be cured from reversionism and its effects, *“Return, faithless people; I will cure you of backsliding.”* Jeremiah 3:22a

God heals what he has inflicted, *“There is no one to plead your cause, no remedy for your sore, no healing for you.”* Jeremiah 30:13 *“But I will restore you to health and heal your wounds, declares the Lord.”* Jeremiah 30:17a

Discipline comes over departing from the faith in the Word dynamic. Healing comes as one returns to it. The discipline of God is designed to get us back to the faith-rest life. *“Come, let us return to the Lord. He has torn us to pieces but he will heal us; he has injured us but he will bind up our wounds. After two days he will revive us; on the third day he will restore us, that we may live in his presence. Let us acknowledge the Lord; let us press on to acknowledge him. As surely as the sun rises, he will appear; he will come to us like the winter rains, like the spring rains that water the earth.”* Hosea 6:1-3

The word that is used here for healing is *rapha*. It dealt with the healing of maladies, injuries, defective conditions, etc., and would employ a variety of methods depending on what the situation was: the sewing of wounds, setting of fractures, topical ointments, herbs, etc..

When King Hezekiah was ill to the point of death; he prayed to *Yahweh* with tears, 2 Kings 20:1-5. *Yahweh* heard his prayers and sent the prophet Isaiah to him to tell Hezekiah that his prayers had been answered and that God would extend his life. This is the passage where Hezekiah wanted a sign that he would be healed, so the Lord had the sun go backward ten steps, ten degrees, which is forty minutes. For the remaining 23 hours and 20 minutes see the article from NASA on the missing day.

When the Philistines defeated the Israelites they captured the ark of the covenant and took it back to Ashdod and placed it alongside the idol of Dagon, 1 Samuel 5:1,2. But the next morning Dagon's idol had fallen down before the ark with its head and hands broken off. God also afflicted their land with rats and the people with hemorrhoids, killing some and throwing the rest of the people into panic. One could certainly understand why! For God to heal them and their land they had to return the ark with five golden rats and five golden hemorrhoids as a guilt offering, 1 Samuel 6:1-4.

Again, the recurring theme is that God afflicts, but he also **heals!** This should be of great encouragement to us when we are suffering. **There is a way out and that way out is God. He may do it directly, and he may also employ another person for the healing process, but whichever way he chooses to do it he is the one who heals us!**

2 Chronicles 7:14 tells us **what Yahweh** requires from his people for him to heal their nation and drive the wicked out of it. *“If **my people**, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then will I hear from heaven and will forgive their sin and will heal their land.”*

My people refers to born again believers in Christ today, not the unsaved as so many Christians mistakenly think. It is they who must turn back to the Word of God.

The “**wicked ways**” include such things as being: self-willed, proud, arrogant, stubborn, self-seeking, disobedient, worldly, negative to doctrinal teaching, carnal, hedonistic, materialistic, rejecters of Biblical authority, works oriented, Old Sin Nature controlled, no true filling of the Holy Spirit, emotional, no *epignosis*, selfish, lovers of themselves, lovers of money, boastful, disobedient to their parents, not loving truth, ungrateful, unholy, no natural affection, unforgiving, hard-hearted, slanderous, without self control, brutal, not lovers of the good, treacherous, rash, conceited, lovers of pleasure rather than lovers of God. These are the things and more that we must turn away from if we, if we Christians, want God to heal our land.

To “**seek God's face**” is **an expression of intense positive volition and action in a changed mental attitude** toward the ideas of: making the Word of God your number one priority in life, of being in a doctrinal teaching church every time the doors are open to be taught the Word of God, personal study of the Bible everyday at home, separating from everyone who is not positive to the Word, application of Bible doctrine to your life, obeying God's commands, serving God in every capacity that he has enabled you with, time, money, prayers, teaching, etc., putting God and his will first in your life and metabolizing the Word of God by faith.

“**Humbling themselves**” is a humbling of pride and being self-willed where you say, 'Not my will be done, but thine'. At the bottom of our “**wicked ways**” is the **prideful will!** It is this stubborn willfulness that must be broken and the believer becoming humbled under the teaching of the Word of God and the authority structures that he has established. Without the will being humbled and brought into subjection to Christ none of these things can take place.

But God has a provision to do this. The filling of the Holy Spirit renders inoperative the sinful, rebellious will of the flesh nature. And being filled with the Holy Spirit we will want to do God's will and do it. We will also want to learn his Word. *“For it is God who works in you to will and to act according to his good pleasure.”* Philippians 2:13