

## October 2015 Newsletter – Dealing With Emotions – Review

We have seen in the NT that God gives us the shield of faith, which will protect us from the fiery (burning) darts of Satan. “*Above all, taking the shield of faith, wherewith ye shall be able to quench all the **fiery darts** of the wicked.*” Ephesians 6:16 We have also seen that this idea of fiery is **burning**, such as the burning venom of snakes, scorpions, spiders, wasps, etc., which is also a reference to the toxic venom of bitterness and anger in the soul.

And this is what we see in Job where Satan had shot his burning darts of bitterness into Job's soul, but Job had mistakenly laid this at the feet of God. These arrows could also be the type tipped with poison. “*For the **arrows** of the Almighty are within me, the **poison** whereof drinketh up my spirit: the terrors of God do set themselves in array against me.*” Job 6:4

What we have here is a figurative use of what occurred literally. Real arrows with real poison were not fired at Job by Satan, but this is a language of accommodation to describe a spiritual dynamic whereby Satan was able to direct negative, bitter spiritual energy at Job's soul where it hit and took root. The word for poison here is *chemad*, which we have just studied, and it denotes **anger!**

Remember this is all about energy. The spiritual world is a world of energy; lusts are energy, thoughts are energy and emotions are energy; and energy has frequency. So it's about directing a certain kind of energy by the devil toward believers in Christ. In this case the energy that was directed by Satan was anger, which is easy to see because he is a being of great anger! “*Therefore rejoice, ye heavens, and ye that dwell in them. Woe to the inhabitants of the earth and of the sea! for the devil is come down unto you, having **great wrath**, because he knoweth that he hath but a short time.*” Revelation 12:12 And remember: **the greater the pride; the greater the anger.**

We see In Acts 5:1-5 that Ananias and Sapphira were filled with lust, greed, deception and lying as the result of the activity of Satan. “*But a certain man named Ananias, with Sapphira his wife, sold a possession, And kept back part of the price, his wife also being privy to it, and brought a certain part, and laid it at the apostles' feet. But Peter said, Ananias, why hath **Satan filled thine heart** to lie to the Holy Ghost, and to keep back part of the price of the land? Whiles it remained, was it not thine own? and after it was sold, was it not in thine own power? why hast thou conceived this thing in thine heart? thou hast not lied unto men, but unto God. And Ananias hearing these words fell down, and gave up the ghost: and great fear came on all them that heard these things.*”

Satan provoked David to number Israel in 1 Chronicles 21:1, “*And Satan stood up against Israel, and provoked David to number Israel.*” The word for **provoke** is *suth*, or *saweth* and spoke of the idea of suggestion, to put a thought into someone's mind. Now how did he do this? By appearing to him personally and actually stating the idea? Or by simply putting the thought into his mind! *Suth* had the ideas of: to be changed from one course of behavior into the opposite one, to entice, to seduce, to deceive, to turn aside from, to move or mislead someone into doing something against that person's original desire and intentions.

Satan, the seducer, does not have to use force or pressure on someone, but rather persuasion utilizing the power of suggestion, as he did with Adam and Eve in the Garden. Seductive circumstances, as well as words, thoughts and ideas put into the mind; the promise of fulfilled desires, enticing pleasantries, the alleviation of hardship; the promise of love, sex, money, fame, power, glory are offered or implied by suggestion to mislead the individual.

Remember the thought to number Israel was not in David's mind originally; it was put into his mind, *saweth*), by Satan. It is clear from the Word that Satan can and does put thoughts into people's minds. For those who are prone to say that this isn't so, I would say to you that there are many dynamics at work in the universe that you know nothing about – yet.

It is clear that the serpent put certain thoughts into the mind of **Eve**. Satan put the thought of numbering Israel into the mind of **David**. **Jezebel** put the thought of stealing Naboth's land into the thought of Ahab, 1 Kings 21. Satan filled **Ananias'** heart to lie to the Holy Spirit, “*But Peter said, Ananias, why hath Satan filled thine heart to lie to the Holy Ghost, and to keep back part of the price of the land?*” Acts 5:3 The power of suggestion is very strong and everyone is prone to it, even more so who are intelligent and educated because they think they're intelligence and formal training puts them above it. Our only protection is Bible Doctrine – thus saith the Lord.

We could go on and talk about how thoughts and emotions are energies operating at various frequencies. We could talk about how each human body resonates at its own frequency and how these frequencies can be read from a distance; even how the earth itself resonates at its own frequency. We can talk about the emotion of anger for example. Who has not been around someone who is angry and do we not sense it? We don't need to see their faces; we don't have to hear them speak; we can feel it.

How is that so? Easy. The emotion of anger that they have is an energy operating at a certain frequency, which their souls radiate outward. Our souls sense it just like a receiver and we can feel their anger. Even dogs can sense the frequencies of humans. Can they not sense our fear, our anger, our sadness? At least dogs can, cats could care less.

When the woman with the issue of blood touched the garment of Christ's; **power** went out to heal her. “*When she had heard of Jesus, came in the press behind, and touched his garment. For she said, If I may touch but his clothes, I shall be whole. And straightway the fountain of her blood was dried up; and she felt in her body that she was healed of that plague.*” Mark 5:27-29

But Christ knew immediately that **power** had gone out from him. “*And Jesus, immediately knowing in himself that **virtue** (*dunamis* – **power**) had gone out of him, turned him about in the press, and said, Who touched my clothes?*” Mark 5:30 We need to note that the original has it as *exerchomai ex*, the power came **out of**, *erchomai*; and **ek** denoting the **origin of this healing power**, not *apo*, to tell us that the power to heal the woman **did not come from his garment, but from him personally**.

But what made the woman's “touch” so different than all the other people who were touching him? The difference was her **faith!** She believed that if she just touched his garment she would be healed! “*For she said, If I may **touch** but his clothes, I shall be whole.*” Mark 5:28 “*And he said unto her, Daughter, thy **faith** hath made thee whole; go in peace, and be whole of thy plague.*” Mark 5:34 And Christ sensed that power had come out from him to her.

But it is not necessary for someone to literally touch Christ to be healed by him for his power is able to transcend distance, any distance. As we see with the Roman Centurion and his servant. “*The centurion answered and said, Lord, I am not worthy that thou shouldest come under my roof: but speak the word only, and my servant shall be healed.*” Matthew 8:8 So whether is a few feet away, or hundreds of miles away, or from heaven itself; Christ's power is not limited by distance, but can touch and save, or heal anyone anywhere on earth. And this is the kind of faith that we need to have when asking God to heal our bodies or heal our souls.

But we're talking about emotions here and how they cause us problems, not only emotions we are presently experiencing, but emotions that have been buried deep down in our souls. So remember emotions are feelings and feelings are energy and that their energy has vibrations that vibrate at certain known frequencies. They can certainly be felt by other people, who are in close proximity to the one having the feelings, but they can also be sensed over long distances.

We know that we can certainly detect the feeling of anger from someone who is in our close proximity, and even more so if that anger is directed at us! Which brings us down to the matter of the devil and his army of demons and their bitterness and rage. They are angry beings and their anger is directed at God and toward everyone who is in union with God and doing his will.

This brings in the idea of the **anger** of Satan directed toward the people of God. Paul referred to this as the "fiery darts" of Satan. "*Above all, taking the shield of faith, wherewith ye shall be able to quench all the **fiery darts** of the wicked.*" Ephesians 6:16 The burning of these darts, or arrows, refers to the burning of Satan's anger against everyone connected to God; and the more they are in alignment with God and his purpose, the greater the anger is toward them.

It gets into the idea of directed anger, like a burning dart, fired at certain individuals. Satan is bitter and he is filled with great rage, all of which stems from his pride and his thwarted plans to wrestle control of the universe away from *Yahweh* and his Son. So when he is kicked out of heaven, his anger now turns into great rage and this rage will be directed at believers in Jesus Christ. "*Therefore rejoice, ye heavens, and ye that dwell in them. Woe to the inhabitants of the earth and of the sea! for the devil is come down unto you, having **great wrath**, because he knoweth that he hath but a short time. And when the dragon saw that he was cast unto the earth, he persecuted the woman which brought forth the man child.*" Revelations 12:12,13 The **woman** here is regenerated, true Israel made up of the 12 tribes.

Our bodies exist in a physical material plane separated by air and distance, but apparently our souls exist in a different plane where time and distance have no bearing at all. That's why God hears our prayers and our thoughts instantly the moment we think them. So thoughts and feelings are able to transcend great distances instantaneously.

It appears that in the flesh nature of fallen humanity is a point of contact that is connected to the spirit of the world, which would be the spirit of Satan operating in the sons of disobedience. "*Now we have received, not the **spirit of the world**, but the spirit which is of God; that we might know the things that are freely given to us of God.*" 1 Corinthians 2:12 "*Wherein in time past ye walked according to the course of this world, according to the prince of the power of the air, **the spirit** that now worketh in the children of disobedience:*" Ephesians 2:2

We know that demons are capable of having at least two emotions: fear and anger. **Anger** we have seen with Satan and his great wrath toward God, Jesus Christ and his people. And we see **fear** going on in demons for they have fear over just the name of Jesus Christ! "*Thou believest that there is one God; thou doest well: the devils (demons) also believe, and **tremble**.*" James 2:19 The word for **tremble** here is *phrisso* and it meant to shudder, to tremble with fear. We see this same reaction going on when Christ cast the demons out of those two men, and when they came out they implored Christ not to torment them before the time of their judgment and being cast into the Lake of Fire. "*And, behold, they cried out, saying, What have we to do with thee, Jesus, thou Son of God? art thou come hither to torment us before the time?*" Matthew 8:29 We definitely see the emotion of fear going on here over their impending destruction.

Some may wonder why we spend so much time in learning to deal with the emotions? The answer is because it is the emotions that keep us from living in the spiritual life dynamic! And the problem is even worse today than it was years ago because people today spend virtually every second of their lives in one emotion or another. So we need to recognize what the seven emotions are and recognize when they are operating in our souls so we can deal with them and live in the spiritual life dynamic.

For example; pressure exists; it has always existed; and it will be intensified as we go into the last days. *“These things I have spoken unto you, that in me ye might have peace. In the world ye shall have tribulation (pressure): but be of good cheer; I have overcome the world.”* John 16:33 And if **pressure** is not dealt with utilizing God's spiritual problem solving devices of the application of Bible Doctrine to the pressure, then that pressure will be **converted to stress in the soul**. And if that stress in the soul is not dealt with doctrinally, then it will activate the emotional complex of the soul with the first emotion of the **fear** complex now operating in our souls. Now the believer will have fear, anxiety, worry and all the other complexes of fear ruling our lives! And if that is not dealt with, then the next emotion the soul will be experiencing with anxiety is **anger!**

The Tribulation is also referred to as the **Great Tribulation** showing that there will be an increase in pressure on the people of God getting worse and worse until we get into the time of the Great Tribulation, *megas thlipsis*, where it will be at its maximum intensity. So if we aren't handling the pressure of our lives today, imagine the problem we will be facing down the road! So we need to start dealing with our emotions today by living by faith and applying Bible Doctrine. *“For then shall be **great tribulation**, such as was not since the beginning of the world to this time, no, nor ever shall be.”* Matthew 24:21 *“And I said unto him, Sir, thou knowest. And he said to me, These are they which came out of [the] **great tribulation**, and have washed their robes, and made them white in the blood of the Lamb.”* Revelations 7:14

We also want to notice that Christ said in John 16:33 that we **will** have pressure; not that we might have pressure, but that we will. Which will be greatly intensified during the time of the Great Pressure. Which pressure is not on the people of the world, but only on believers in Jesus Christ. The people of the world will be getting exactly what they want: peace, safety, security, economic benefits, desires realized, success, material possessions and everything else offered in Satan's system. But remember, this will only be for a short period of time, then God's judgment comes upon them.

So we really need to learn to apply all these doctrines for living in our own spiritual life to the place that it has become second nature to us. If we don't, then we are going to crumble under the pressure. In this is maintaining our peace each day. For it is the peace of God that protects our hearts and our minds and gives us stability. It is his peace that is both the prevention and cure for stress! *“Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid.”* John 14:27 *“And the **peace** of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus.”* Philippians 4:7 This is why Paul tells us to practice these things. *“Those things, which ye have both learned, and received, and heard, and seen in me, do (practice): and the God of peace shall be with you.”* Philippians 4:9

There are eight warning signals we can look for to help us maintain our peace: 1) our loss of peace; 2) our loss of having a relaxed mental attitude; 3) agitation in our souls; 4) activation of the emotions with anxiety usually the first, then anger; 5) the activation of the rest of the sin nature; 6) leaving Bible Doctrine to pursue after our lusts or emotions; 7) getting into false doctrine. When we detect any of these in our souls that is **our warning** to get back into the spiritual life of faith in the Word of God!

8) the eighth and overriding warning signal for the believer to return to God, to his Word and living by faith in the filling of the Holy Spirit found within the spiritual life dynamic is **divine discipline**! When all other warning signals fail to get our attention that we must return to the Lord and Bible Doctrine, then the Father will step in with divine discipline, which is designed to correct the problem and get us back on track. *“For whom the Lord loveth he chasteneth, and scourgeth every son whom he receiveth.”* Hebrews 12:6 *“Wherefore lift up the hands which hang down, and the feeble knees; And make straight paths for your feet, lest that which is lame be turned out of the way; but let it rather be healed.”* Hebrews 12:12,13

Now, if all of this fails, and there are believers who are so rebellious that this is what happens to them, then the Father will have them taken out under the sin unto death. Now this may take place over a long period of time, or a short time, but either way it will be painful. *“If any man see his brother sin a sin which is not unto death, he shall ask, and he shall give him life for them that sin not unto death. There is a sin unto death: I do not say that he shall pray for it.”* 1 John 5:16

The word for “keep your hearts and minds” in Philippians 4:7 is phroureo, which had the idea of a guard posted on the walls of the fort, or around a military encampment. Whose job was to detect the presence of the enemy and then sound the alarm to the rest of the troops. Peace is put here as this watchman on the wall telling us that when we lose our peace something is up in the spiritual field and we need to wake up and deal with it. So that's where we get into these eight warning signals.

**Warning number one** is when our peace is gone, then we are vulnerable to the attack of the devil, or pressure, or problems getting to our souls. So we need to get back to the Word of God, prayer, confession of sin and claiming the promises of God by faith.

**Warning number two** is if we don't pick up on having lost our peace, then we need to pick up on the loss of the relaxed mental attitude of agape love. Love is the spiritual atmosphere that should be operating in our souls and if it is absent, it should serve as a warning that we are not living in the spiritual life dynamic and get back to it.

**Warning number three** is if we haven't picked up on the first two, then we certainly should by the third one because it is so obvious. When our souls are in turmoil, when they are agitated and stressed out, then we should realize by that time that we are not living in the spiritual life dynamic and are now losing the well being of our souls. Now we need to diligently start applying ourselves to faith, prayer and the Word.

**Warning number four** should be when we start having problems with our emotions: fear, anger, guilt, grief, envy, human love or human happiness. Now when I say having a problem, I don't mean that we are caught up temporarily in an emotion, but get over it shortly by going back into the spiritual life dynamic. Instead we are becoming **entrenched** in some emotion and it now is starting to take over our life and controlling us. If we are bound up in fear, anxiety and worry, or in anger, then we need to see that we're having a problem. The fourth warning signal is blowing telling us we need to get back into the faith rest dynamic and the filling of the Holy Spirit.

**Warning number five** is where we are caught up in or controlled by one or more of the 28 categories of lust: power, approval, social, sex, chemical, money, ambition, crusader, revenge, criminal, pleasure, materialism, security, gluttony, stimulation, entertainment, to be loved, to be happy, to have fun, for love, success, retirement, missed love, covetousness, wanderlust, blood lust, information lust and technological lust.

**Warning number six** is when we find ourselves abandoning the faith rest life, Bible Doctrine; all the concepts related to grace, faith and truth and are now busying ourselves with, or going back out into, the things of the World System like Demas. “*For Demas hath forsaken me, **having loved this present world**, and is departed unto Thessalonica; Crescens to Galatia, Titus unto Dalmatia.*” 2 Timothy 4:10  
This is our clue get back to the Lord and his Word.

**Warning number seven** is if we find ourselves caught up in false doctrine. We need to remember back to those times, when we were under the sound teaching of the Word of God in some little local church that the Lord put us into, where we really learned the Word of God from some dear Pastor. He taught the doctrines of grace, faith and truth and we were learning and growing under his ministry. So this should be a clarion call that we have gotten away from the true spiritual life and need to get back to it by, once again, the faith rest life, the filling of the Holy Spirit and learning Bible Doctrine.

**Warning number eight** is one that will accompany warnings three or four and gets worse the farther down we go. It is divine discipline, which God will bring alongside the self-induced misery in our lives. It goes back to the idea that our bad decisions bring with them bad consequences, but because we are too dumb or stubborn to realize that we are messing our lives up due to our willful rebellion over not wanting to live in the spirit and not the flesh; he has to bring in discipline to snap us to attention. This discipline is not designed to punish us, (although it may feel that way), but to correct us.

Even if we're able to successfully deal with the allurements and pressures of the world system, and the attacks of Satan, we still have the problem with the flesh nature with its lusts, pleasures and emotions. That's why it's so important for us to be able to recognize the eight warning signs to help us get back on track living in the new nature and not the flesh. Hopefully we can catch ourselves by the first three, rather than later on.

A doctrinal dynamic that we can apply will really help us in this area and that is the concept of **turning**. My Online study of Repentance, Conversion and Faith goes into greater detail, but suffice it to say it's a **turning of the soul to God**. The word *epistrepho* referred to the idea of the turning of the soul to God and even though it is often used in the matter of salvation, it still applies to Christians on a daily basis. We get caught up so much in our lives and what is going on around us that we neglect our walk with the Lord. So *epistrepho* is that dynamic of turning our souls back to God, his Word, the filling of the Holy Spirit and just being occupied with him. Obviously if a Christian has backslidden from the Lord he needs to do this, but we can prevent that by doing this each day, by turning our souls back to the Lord for that sweet fellowship with him.

Now when I mention the soul, I'm not just talking about the academic function of the mind, but the whole person including the heart as well. Think of the soul as a solar powered battery radio that needs to be turned toward the sun so it can charge its batteries. And when it is turned toward the sun, it plays the sweetest music. But if it is turned away from the sun, the batteries start to go down and now you can no longer hear the music What's the solution? Keep it turned toward the sun during the day, so it can last through the night.

Through the process of photosynthesis sunlight is turned into electricity which makes the radio play. When our souls are **turned toward** the light of God's Word in faith, then that is converted into spiritual energy and that spiritual “energy” is: love, joy, peace, gentleness, kindness, temperance, longsuffering, faith and hope. Now our souls start to play the sweetest music as God intended.

Light and darkness are literal concepts, but they are also used metaphorically. The **light** refers to the kingdom of light that we were transferred into when we believed on Christ as our Savior. “*Giving thanks unto the Father, which hath made us meet to be partakers of the inheritance of the saints in **light**: Who hath delivered us from the power of darkness, and hath translated us into the kingdom of his dear Son:*” Colossians 1:12,13 “*For ye were sometimes darkness, but now are ye **light** in the Lord: walk as children of light:*” Ephesians 5:8 Light also refers to the Word of God, to God, his Son, to Heaven, even to the new man created in us. “*O house of Jacob, come ye, and let us walk in the **light** of the LORD.*” Isaiah 2:5 “*To give **light** to them that sit in darkness and in the shadow of death, to guide our feet into the way of peace.*” Luke 1:79 “*This then is the message which we have heard of him, and declare unto you, that God is **light**, and in him is no darkness at all.*” 1 John 1:5 “*But if we walk in the **light**, as he is in the **light**, we have fellowship one with another, and the blood of Jesus Christ his Son cleanseth us from all sin.*” 1 John 1:7

**Darkness**, however, refers, to Satan, sin the world system, lies and everything that is evil. “*And the light shineth in **darkness**; and the **darkness** comprehended it not.*” John 1:5 “*And this is the condemnation, that light is come into the world, and men **loved darkness** rather than light, because their deeds were evil.*” John 3:19 “*Then spake Jesus again unto them, saying, I am the light of the world: he that followeth me shall not walk in **darkness**, but shall have the light of life.*” John 8:12

Now why is this turning our souls to God each and everyday so important? Because we live day by day, and each day is divided up between the light of day and the darkness of night. Now our souls have to go for the entire 24 hours, not just 12, so we need to charge our soul's “batteries” with spiritual energy in the day, so we can be able to go the distance at night. That is, we are to charge our souls with the light of God's Word and the spiritual dynamic, so we have the spiritual energy to last the darkness of having to deal with the world, the flesh and the devil.

Can we not see the admonition in Ephesians 5:14? “*Wherefore he saith, Awake thou that sleepest, and arise from the dead, and Christ shall give thee **light**.*” Christ is the light of God that shines in the world and we must turn our souls to him for that spiritual enlightenment; for the “recharging of our spiritual batteries”; for the “energizing” of our spiritual life. And to do that we must turn from the lusts and emotions of the flesh nature, even the defense mechanisms of the soul, and turn our souls to his Word.

When the light of Christ floods our souls they experience love, joy peace and so on; but when we lose that spiritual dynamic, then we start to experience stress in the soul, tension, agitation, the emotions, the lusts, defense mechanisms, etc.. But by staying with the spiritual dynamic of faith, Bible Doctrine, the filling of the Holy Spirit, etc., we will eventually have the victory over all that and be healed.

God healed **Jacob's** soul from the repressed emotions of guilt and fear. He delivered **David** from all his fears. “*I sought the LORD, and he heard me, and **delivered me from all my fears.***” Psalms 34:4 He delivered Job from his greatest fear. “*For the thing which **I greatly feared** is come upon me, and that which **I was afraid of** is come unto me.*” Job 3:25 He delivered Hannah from her sense of inadequacy and so many more in the Bible. And if delivered **them**, he will deliver **us** from ours!

Emotions do not spring up by themselves. They always arise as a **reaction** to some event! When an event is painful, traumatic, disappointing, hurtful, crushing, or embarrassing, and the soul is not always able to handle it, then the soul represses all the thoughts, feelings and memory of the event; pushing it down into the subconscious and putting it behind us as much as we can, so we can go on with life. This is dissociation and distancing oneself from the trauma.

It's a splitting off, or dissociating yourself from the event. The soul does this to protect itself, but in so doing it cuts off, isolates and denies that part of the soul. In the repression of the traumatic event comes the repression of the feelings connected to it, the repression of the memory of the event, but also the repression of that part of the personality, or even the original personality itself!.

What this does, depending upon how traumatic the event was, is impact the soul in such a way that the personality can become changed, altered, scarred, buried or hidden, even adopting another personality, or personalities! It goes on to live life, as we all must do, but now a different person; one who is now scarred, altered, bitter, scared, or angry.

What these self defense mechanisms, coupled with traumatic events, also do is subconsciously steer the believer away from similar events, and understandably so, because they don't want to relive the trauma all over again. But what this effectively does is restrict the believer's life and life choices. This is a pain avoidance dynamic. You wreck your motorcycle, traumatic event, and give up riding motorcycles for good. Your marriage ends in divorce, traumatic event, so you decide you won't marry again. But God knows who we are on the inside regardless of much we try to hide it, or how deep we have buried it. And it is through growth in Bible Doctrine in the spiritual life that this true person in the heart begins to surface. This is a part of spiritual growth and one of the causes for tension in the soul.

As we have seen the external pressures of life and living in the World System is a source for potential stress in the soul, if we do not meet it with faith in the Word of God, which will give us peace in the soul. But another cause for potential stress is from the inner tension that comes from garbage in the soul surfacing, while at the same time the psychological defense mechanism of repression is trying to keep it buried.

There are three aspects of this phenomenon: 1) pre-salvation garbage in the soul, that which we acquired **before** we were saved; 2) post-salvation garbage in the soul, that which we acquired **after** we were saved; 3) the growth and emergence of the new man, which the flesh nature, the old man, tries to keep buried and hidden. All three put pressure, *thlipsis*, on the soul and all three are sources for tremendous stress in the soul, if we do not handle them by living in Christ's peace through faith in the Word and the filling of the Holy Spirit.

Another potential source for stress in the soul is when dealing with the false personalities that we have created for self protection. As these false personalities, these idols we have created start to crumble; and as the true personality begins to surface, that which God knows, loves and died for; then we really start to panic, (emotional reaction of fear reacting to threat). But once again, we must push forward with Bible Doctrine and the filling of the Holy Spirit, and one day this unpleasantness will be put behind us and we, our true personality, will emerge victoriously.

The difference between pre-salvation garbage in the soul and post-salvation garbage in the soul is that in the former the believer is discovering who they are **after** they are saved; and in the latter they are re-discovering who they were **before** they were saved. Many believers, who were saved at a young age, went off into the world system and sowed their wild oats, thus accumulating a lot of scar tissue garbage in the soul. They not only lost sight of who the Lord of their life was; they also lost sight of who they are. So after they repented, that is, have a change of mental attitude toward Bible Doctrine and the spiritual life dynamic, and start to grow in the Word of God once again, they now not only start to remove the scar tissue they accumulated in their state of reversionism, they also begin to discover their true core personality.